

Meetings

July is Maternal and Child Health Month

- 8/1 Holistic Medicine with Victoria Webster
- 8/8 Private Investigator Norma Tillman
- 8/15 Artificial Intelligence with Dave Bernard
- 8/22 Karim Godamunne - Medical Patient Advocacy

Events

- 8/1 Golf and Tennis Committee Meeting
- 8/7 Tennis Clinic
- 8/8 Golf and Tennis Committee Meeting
- 8/15 Golf and Tennis Committee Meeting

LEADERSHIP

President	Nancy Alterman
President-Elect	Trummie Patrick, III
Treasurer	Katie Anderson
Secretary	Leslie Bassett
Public Image	Kathryn Igou

PAST DISTRICT GOVERNORS

Cheryl Greenway 2012-13
Bob Hagan 2015-16

ROTARY CLUB OF ROSWELL

Thursdays, 12:15 pm
Roswell Area Park
Bill Johnson Community Activity Building

Message from the President



So exciting! I cannot thank each one of you enough to have an overwhelming first service project in the books. But let me also thank some of our board members who trusted me to mimic the Hollywood Squares show to educate the attendees about the different areas of focus for the year while wearing our frames. We hope you learned not only a little about our board but also how you can be a part! If you have questions or interest in a particular area, reach out to me or the person in the seat! Now... let me do a SHOUT OUT to the folks for the total club effort for the HHH Back to School Backpack Service Project. Over \$3,000 in supplies were donated by the Club Members and greater community... over 20 of us stayed and helped pack them all in 30 minutes, clean up the gym in good citizenship fashion and load them into Rabbi Alex's car. Thank you to Temple Beth Tikvah for embracing this project and being a temporary storage facility. AND... 28 members who now earned their Service shirts with this project and now totaling 33 service shirts earned!! This proclaims our Year of **Energizer Bunny Service** has officially begun... Could not be more proud.

At our next Rotary meeting, we will explore the benefits of holistic medicine, a complementary approach that considers the whole person—mind, body, and spirit—in the pursuit of optimal health and wellness. Holistic practices often integrate traditional and alternative therapies, emphasizing prevention and the connection between physical health and overall well-being. Read more about Dr Webster below. BUT... We are also excited to introduce you to some very special guests: Chai and Barrington, our therapy dogs, and Pie, the therapy llama! These gentle animals play a crucial role in holistic healing, providing comfort and emotional support to those in need. Interacting with therapy animals can lower stress, reduce anxiety, and foster a sense of calm and happiness. Join us for an enlightening discussion on holistic health and the opportunity to meet these amazing therapy animals. Their presence will surely bring joy and

10495 Woodstock Road
Roswell, GA 30075

Rotary Online

<https://roswellrotary.club>
<https://rotary6900.org/>
<https://rotary.org/>



GET CLUB SMS ALERTS

text CLUBALERTS to
(833) 456-2829

Our Rotary Family BIRTHDAYS

7/1 George Polatty, Jr.
7/3 Max Walker
7/5 Bob Hagan
7/6 Jack Wyche
7/11 Craig Simons
7/12 Andy Williams
7/13 Scott Moscow
7/13 Langdon Hollingsworth
7/16 Mike McRay
7/17 Jack Tolbert, Jr.
7/19 Mark Snoddy
7/19 Alex Kaufman
7/23 Steven Palmer
7/27 Walt Woliver
7/27 Ian Mari
7/29 Matt Thomas
7/29 Leigh Brown

YEARS OF SERVICE

7/1 Larry Harman (17)
25 years in Rotary
7/9 Steve Bragg (2)
7/11 John Ross (7)
7/12 Rich Austin (12)
7/12 Al Nash (1)
7/12 Jeff Kramer (1)
7/16 Drayton Robertson (0)
7/16 Mishel Miller (0)
7/16 John McCool (0)
7/16 Don Horton (9)

tranquility, reminding us all of the healing power of love and companionship. Don't miss this heartwarming experience!

Victoria Webster, D.C., to Speak on Natural Health Care



Dr. Victoria Webster started her health journey when she was just ten years old: her father had his first heart attack. He was 33. He had three more heart attacks in the next seven years. The family was devastated and confused. The family started getting regular Chiropractic care. She remembers her father rubbing his left arm and chest many times. But when he went to the Chiropractor, the pains would stop. Watching all the miracles at the Chiropractor's office over the next several years set the course for her passion for helping others naturally, including ways of cooking heart-healthy food for her family.

She attended Life University in Marietta where she earned her DC as well as meeting and marrying Rotarian Dr. John Webster in 1984. In 41 years, Dr. Victoria has sought out many ways to keep her family and patients vibrating with abundant good health. She shares knowledge about how individuals can take responsibility for improving their own lives. Dr. Victoria recently opened a new practice specializing in healing neuropathy by regenerating blood vessels and nerves, and treating knees, shoulders, and hips with therapy and decompression. Today she is here to share with us some practical tips on how we can improve our health and well-being.

Joe Mazzeo Heads Up Golf and Tennis Tournament for 2024

- 7/17 Mike Agurkis (10)
- 7/17 Betty Price (10)
- 7/17 Mark Snoddy (21)
24 years in Rotary
- 7/18 Sam Lane (0)
- 7/18 Thomas Orr (1)
- 7/20 Robert Button (24)
- 7/20 Michael Hernandez (24)
- 7/22 Becky Stone (15)
- 7/25 Pat Rains (16)
- 7/25 Jack Tolbert, Jr. (39)
- 7/26 Joe Mazzeo (6)
- 7/26 Dave Hallman (23)
- 7/27 Grant Miller (2)
- 7/27 Justice Brakache (2)
- 7/27 William Albers (2)
- 7/28 Chris Archer (13)
- 7/28 Jack Wyche (19)
- 7/28 John Webster (13)

FAMILY OF ROTARY

Our membership cares deeply about the needs and concerns of our members. We don't want to miss an opportunity to reach out in friendship when such concerns arise. The chairperson of this committee is Lynne Lindsey and all news should be directed to her at lynnehilindsay@outlook.com



Have you made your commitment to the 2024 Golf & Tennis Tournament?

[CLICK HERE for Video](#)



Volunteer



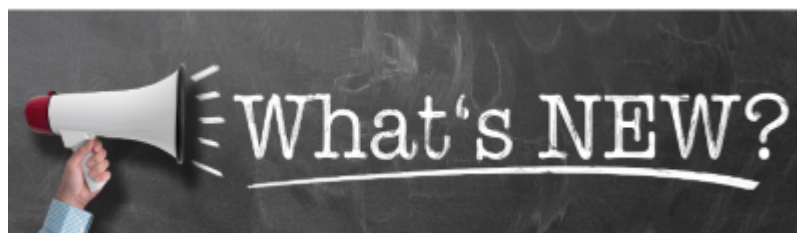
Sponsor



Play Golf or tennis



Donate



Tournament website! <https://birdease.com/RoswellRotary>

One-stop shopping for all tournament details...registration, details about the event, and volunteer link so you can sign up for a cool job the day of the tournament. We are excited to introduce this site to Roswell Rotary and our guests!

Silent Auction at the Golf & Tennis Tournament



Once again, our Golf & Tennis tournament will feature a Live and Silent auction. Karen is looking for restaurant gift cards - please bring them to our regular meeting this week and next. Let's see how many we can get! The more cards we get, the better we will do.

For the live auction please consider donating your vacation home, tickets to events, jewelry, new cooler, new grill, designer purse, and other upscale items. In total, we made almost \$9000 in the auction last year, including gift cards. This year, with your help, our goal is to clear \$12,000!

Please contact Karen Schwank 404.409.3658 for more info.

Wine & Liquor Pull Donations Requested



Calling all Rotary members to bring in one bottle of wine or bourbon worth \$25+ for the Tournament. This one activity raised almost \$2000 last year so your donations help further the mission of Rotary.

Contact Angela Medley for more info. 404.886.5764

Don't Miss it! Golf & Tennis Committee



Your Old Sneakers can have New Life



Another opportunity to be of Service! Recycle Sneaker is a movement to collect and upcycle gently worn sneakers while helping to raise money for various schools, charities, and organizations. The project also aims to reduce our carbon footprint by keeping sneakers out of landfills where they can take 30-40 years to decompose.

New member, Sam Lane is heading this up and can be reached for placement & collection of boxes at 678.545.5471.

Meals on Wheels Needs Your Help!

Senior Services

NORTH FULTON

MEALS ON WHEELS • TRANSPORTATION SERVICES • SENIOR CENTERS

Meals on Wheels America is the leadership organization supporting the more than 5,000 community-based programs across the country that are dedicated to addressing senior hunger and isolation. Powered by a trusted volunteer workforce, this network delivers a comprehensive solution that begins with a meal and is proven to enable independence and well-being through the additional benefits of tailored nutrition, social connection, safety and much more.

Roswell Rotary supports Meals on Wheels out of North Fulton Senior Services by signing up to deliver meals 1 or 2 days a week. A typical route commitment lasts only 1.5 hours. The routes take place right before lunchtime, with most meals being picked up at the center between 10:00 and 11:00 am each day. If interested in delivering meals to your senior neighbors, please contact Mary Trapp marytrapp@kw.com or 770.645.1320.

RRAH - Next Meeting August 6th

Our next After Hours Meeting will be next week on August 6th where we will be welcoming our guest speaker, Steve Stroud.

Steve Stroud is the President & CEO of Roswell Inc, a 501c6 non-profit that promotes economic development for the City of Roswell through a public-private partnership. Steve and his team serve as a catalyst for a sustainable, innovative, and vibrant local business community. Essentially, their mission is to build business in Roswell.

Come join Steve as he further explains how Roswell Inc has made an impact on our community as well as share some exciting new things that are coming to our amazing city!

Wed Aug 7th

Hagan Cup Classic- Tennis Clinic

Hagan Cup Classic



TENNIS CLINIC

JOIN US FOR A FUN NIGHT OF TENNIS DRILLS AND FELLOWSHIP AS WE GET READY FOR THE NEXT HAGAN CUP CLASSIC. THIS IS OPEN TO ALL SKILL LEVELS. EVEN IF YOU DON'T PLAY TENNIS, COME HAVE A GLASS OF OUR FAMOUS HAGANADE!

WEDNESDAY
AUGUST 7, 2024

BROOKFIELD COUNTRY CLUB

860 WOODSTOCK RD
ROSWELL, GA 30075

6:30-8:00 PM

CONTACT LEE FOR MORE INFO:
678.576.4838 | LEE@LEEHOOLLINGSWORTH.COM



Name that Team for Miss Mary's Ice Cream Cranker

Celebrating
Miss Mary's
Ice Cream
CRANKIN'
The Drake House
20 Sweet Years
2004 - 2024

SUNDAY, AUGUST 25 | 2:00 - 4:00 PM
Roswell United Methodist Church

Roswell Rotary Club has answered the call from Drake House to make the ice cream everyone looks forward to at their 20th Anniversary of *Miss Mary's Ice Cream Crankin'* event! Join ice cream makers and lovers, Betty Price, Carl Ohly, Jim Savage, Mary Trapp, and Mindy Jones who will compete to serve up their best flavor. Flavor and Team name to be determined at the next meeting! Remember - we're in direct competition

with the North Fulton & Alpharetta Rotary, so plan to bring your BEST!



If you would like to join this WINNING team, please contact Mary Trapp, 770.645.1320.

For those interested in purchasing individual tickets and / or sponsoring the event, please go to:
<https://secure.givelively.org/event/drake-house-inc/20th-annual-miss-mary-s-ice-cream-c-rankin>

Huskies Packed the Pack!



Coming Up at RRC

Save the Date: Making Roswell Rotary's Magic Happen

Save the Date



Mary Trapp
Service Projects Chair



Michael Curling
Social Chair

Golf & Tennis Committee Meeting
Thursdays before the regular meeting, 11:15 - 12:00
[Add To Calendar](#)

Tennis Clinic / Bob Hagan Classic
Brookfield Country Club, Wednesday, August 7, 6:30 pm - 8:00 pm
Information: Lee@LeeHollingsworth.com 678-576-4838
[Add To Calendar](#)

Miss Mary's Ice Cream Cranker
Roswell United Methodist Church, Sunday, August 25th, 2:00 -4:00 pm
[Add To Calendar](#)

Rotary Means Business
August 27, 6:00 pm - 8:00 pm
[Add To Calendar](#)

Aubrey Greenway Golf & Bob Hagan Tennis Classic

Monday, September 9
[Add To Calendar](#)

Last Week at Roswell Rotary

**Thank You Diamond Sponsors
Patsy & Bill Wolff**



Golf & Tennis Pix



Committee



**Mr.
Committee
Chair**

Ball Drop



**Roswell
Rotary
Squares
Fun**



Memorial Day Committee & Honoring Past President Dave Young



Paul Harris Recognition



Launching Medical Equipment Drive

