

## Meetings

January is Vocational Service Month

- 1/29 Shaun Chapas - Fmr UGA and NFL player and Skipper Hoke Awards
- 2/12 Horst Schulze - A No Nonsense Guide to Becoming the Best in a World of Compromise
- 2/19 Leadership 2020 - Col. Dwight Schmidt
- 2/26 DEA Outreach Taskforce Officer - Wanda Wiggins
- 3/5 William Vestal - Artificial Intelligence from a different viewpoint
- 3/12 Kristin Winzeler - True North 400
- 3/12 MS Student/Teacher of the Year Presentations
- 3/19 Lisa Meade Romero

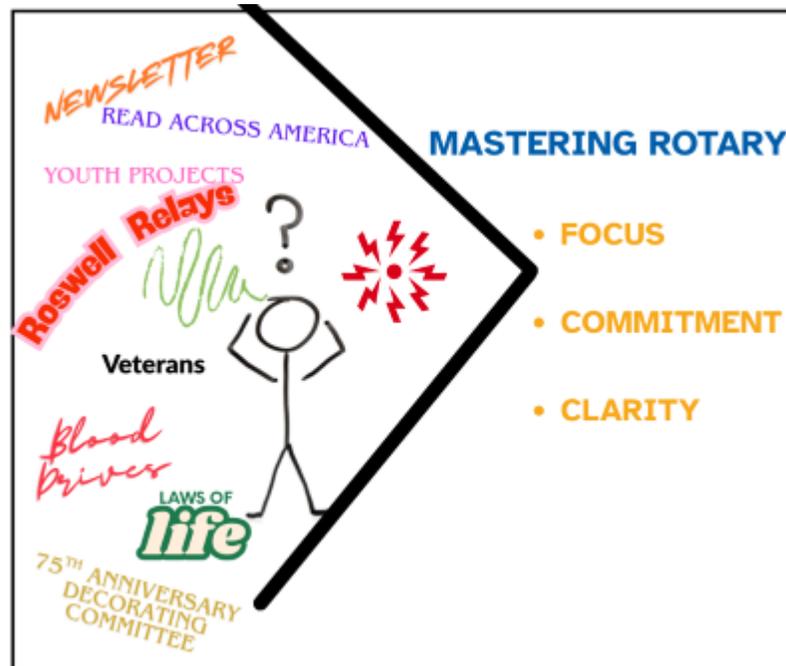
## Events

- 2/11 "Pint for a Pint" blood drive for the American Red Cross
- 2/19 Leadership 20/20
- 3/2 Read Across America Day
- 3/14 Roswell Rotary 75th Anniversary Party
- 3/21 Roswell Relays
- 6/27 President Leslie Inauguration Party
- 9/14 Annual Golf, Tennis + Pickleball Tournament

### LEADERSHIP

President Trummie Patrick, III  
President-Elect Leslie Bassett

## President's Message-The Power of Choice in Service Above Self



There is a quiet truth we often overlook in our pursuit of becoming better leaders, better neighbors, and better Rotarians: growth does not come from adding more to our plates. It comes from choosing wisely what we place on them. In Los Angeles in the 1950s and early 1960s, there was a shoe salesman whose small shop became famous for an unusual practice. When a customer walked in, he would listen carefully, then return with only two pairs of shoes. If the customer asked to see a third, he would smile and say, "Of course. But before I do, which of these two would you like me to take away?" What he discovered was simple but powerful. When people were faced with too many options, they often walked away without choosing. When they were faced with two, they almost always committed to one. Fewer choices created clarity. Clarity created action.

The lesson reaches far beyond retail. As Rotarians, we live in a world of endless opportunities to serve—projects to lead, causes to support, meetings to attend, and needs to meet across our community and beyond. Every one of them matters. But when everything feels equally urgent, it becomes harder to move anything forward with excellence. Our motto, Service Above Self, is not a call to do everything. It is a call to do the right things—deeply, intentionally, and with our full hearts.

Sometimes the most meaningful step toward becoming a better person is not asking, "What else can I take on?" but rather, "What will I set aside so I can give my very best here? When we choose a cause to support, a family to support, a project to champion, we are making more than a decision about our time. We are making a statement about who we want to become.

**Bruce Lee** once said, "I fear not the man who has practiced 10,000 kicks once, but I fear the man who has practiced one kick 10,000 times." At first glance, it sounds like a

Immediate PP	Nancy Alterman
Treasurer	Mike Agurkis
Secretary	Katie Anderson
Membership	Courtney Lott

## PAST DISTRICT GOVERNORS

Cheryl Greenway 2012-13  
 Bob Hagan 2015-16  
 Gordon Owens 2024-25

## ROTARY CLUB OF ROSWELL

Thursdays, 12:15 pm  
 Roswell Area Park  
 Bill Johnson Community Activity Building  
 10495 Woodstock Road  
 Roswell, GA 30075

## Rotary Online

<https://roswellrotary.club>  
<https://rotary6900.org/>  
<https://rotary.org/>



## GET CLUB SMS ALERTS

text CLUBALERTS to  
 (833) 456-2829

## Our Rotary Family BIRTHDAYS

1/1 Ken Briggs  
 1/1 Andrew Dalby  
 1/1 Ron Redner  
 1/4 Jere Wood  
 1/7 Jeff Hamling  
 1/12 Bruce Peoples  
 1/14 Chris Webb  
 1/17 Jackie Jordan  
 1/17 Alicia Hughes  
 1/20 Evan Coyle  
 1/20 Brent Sherota

line about martial arts. In truth, it is a philosophy of service. Lee reminds us that impact does not come from scattering our energy across a hundred good intentions, but from committing ourselves—day after day—to one mission and doing it with excellence.

As Rotarians, our “one kick” is not a single project, meeting, or fundraiser. It is our unwavering commitment to Service Above Self. It is showing up when no one is watching, thanking one first responder, feeding one family, and then doing it again tomorrow, and the day after that. Over time, those small, focused acts compound into a legacy that truly changes a community. **Mastery in Rotary, like mastery in life, is not about how many things we touch—but how deeply and faithfully we serve the ones placed in our hands.**

In that sense, service itself becomes a form of personal transformation. **Focus sharpens our purpose. Commitment strengthens our character. And clarity turns good intentions into real impact.**

The small Los Angeles shoe shop reminds us of something timeless: when the noise of too many choices fades, the call to act becomes unmistakable. And when we answer that call—one project, one person, one act of service at a time—we live out the very best of what Rotary stands for.

Sic Vos Non Vobis

Trummie Lee Patrick III  
 President 2025-26

State Farm Insurance

## Lessons Learned from a Life in Athletics

## January 29 Speaker: Former Georgia Bulldog and NFL Fullback Shaun Chapas

- 1/21 Gary Garrett
- 1/23 Kurt Hilbert
- 1/24 Dr. Kay Howell
- 1/24 William Noethling, Jr.
- 1/25 David Bourne
- 1/26 Courtney Lott
- 1/28 Priya Crumpton
- 1/30 William May
- 1/31 John Reddick
- 1/31 Blake Turner

## YEARS OF SERVICE

- 1/2 Ray Peabody (3)
- 1/3 Carleton Ohly (6)
- 1/4 Paul Lang (36)
- 1/5 Kathryn Igou (9)
- 1/5 William Noethling, Jr. (9)
- 1/11 Ken Davis (19)
- 1/12 Jere Wood (8)  
28 years in Rotary
- 1/13 Deb Perkins (1)
- 1/13 Peter Saddler (1)
- 1/18 Alexandria Shuval Weiner (2)
- 1/19 Susan Rumble (15)
- 1/23 Jack Stephens (40)
- 1/24 Andy Williams (7)  
14 years in Rotary
- 1/30 Mindy Jones (29)
- 1/31 A.D. Dalton (41)

## FAMILY OF ROTARY

Our membership cares deeply about the needs and concerns of our members. We don't want to miss an opportunity to reach out in friendship when such concerns arise. The chairperson of this committee is Lynne Lindsey and all news should be directed to her at [lynnehlindsay@outlook.com](mailto:lynnehlindsay@outlook.com)

# SPEAKER SPOTLIGHT



Date: Thursday, January 29

Time: 12:15

Location: Roswell Area Park

Bill Johnson Community Activity Building

10495 Woodstock Road

Roswell, GA 30075

Our club is pleased to welcome Shaun Chapas, a former University of Georgia standout and NFL fullback, as our guest speaker on January 29 in conjunction with Roswell Rotary's Skipper Hoke Awards, our annual athletic leadership honors given to standout high-school football players in Roswell who exemplify character, teamwork, and peer-recognized leadership. The awards are named in memory of longtime Rotarian and community sports champion Skipper Hoke. [[read more](#)]

## New Member Spotlight: Lenna Castagna



**Lenna Castagna**  
***Founder: Fit Foodz***

Lenna Castagna has recently joined Rotary and is excited to be part of this fantastic group. Lenna has a background in sales of poultry starting with working with McCarty Foods in Jackson MS, then onto Tyson and ConAgra Poultry. She then founded her own company in 2000, Fit Foodz. Fit Foodz feeds the military troops globally with 22 clean protein chicken items, such as grilled breast filets and chicken sausage breakfast patties and links.

She is the proud mother of one son, Michael Rodgers (Lieutenant – Rutherford Sheriff’s Department), an amazing daughter-in-law, Lora Rodgers (FEMA, TN) and one granddaughter, Lenna Taylor who has just recently graduated from TN Tech with degrees in Hospital Administration and Biology and plans to return to complete her PA degree. [[read more](#)]

Tickets On Sale NOW

## 75th Anniversary Celebration Roswell Rotary Club

**GO ALL IN**

ROSWELL ROTARY  
75TH DIAMOND  
ANNIVERSARY  
CELEBRATION

*Once in a lifetime event-*  
**Roswell Rotary  
Celebrates 75 Years!**

- \$75 per person
- Black Tie Optional
- Valet Parking
- Catered Dinner
- Spacious Venue
- Photo Station
- Lots of Bling
- The Story of RRC

Invite Code 

**Saturday, March 14<sup>th</sup>**

**6pm – 9pm**

**9040 Roswell Rd**

**Atlanta, GA 30350**



### [Invitation Link](#)

[Add To Calendar](#)

Volunteers Needed

## Judging Laws of Life Entries

**Laws  
of  
Life**

  
THE GEORGIA  
ROTARY CLUBS  
LAWS OF LIFE  
ESSAY CONTEST

Seeking Laws of Life Essay Judge Volunteers!

Members of Roswell Rotary Club are invited to participate in the rewarding and inspiring process of judging entries to this year's Georgia Laws of Life Essay Contest.

**To sign up,**

☐ Visit the Volunteer Tab at [georgialawsoflife.org](http://georgialawsoflife.org)

☐ Select a Kick-Off Training date

☐ Sign up for their team(s) - Only school-level judges participate in team meetings

Questions?? Reach out to Vivian Bankston, Roswell Rotary Club Contest Sponsor, at

[vbankston@hotmail.com](mailto:vbankston@hotmail.com). [read more]

**Wed Feb 11**

**Blood Drive**



The poster features a blue and yellow background. At the top left, the text 'Valentine's BLOOD DRIVE' is written in red, with 'Valentine's' in a cursive font and 'BLOOD DRIVE' in bold block letters. Below this, the location '340 S Atlanta St - Roswell' and the event description 'A Life-saving Function at Roswell Junction!' are listed. To the right, a QR code is present, followed by the date and time 'February 11th 8:00 am - 2:00 pm'. The central graphic shows a hand holding a blood bag with red liquid, connected by a tube to a glass of beer. The text 'GIVE A PINT GET A PINT' is written in red and blue above the glass. The glass has a label that reads 'VARIANT BREWING ROSWELL, GA EST. 2018'. Below the glass, the text 'Plus Our Newbies...' is written. At the bottom, there are logos for 'Rotary Roswell', 'Our Awesome Partners:' (including Roswell Junction, Safe Haven Fitness, and Variant Brewing), and other sponsors: Berkshire Hathaway Homeservices, Georgia Properties, Pam Santoro, Realtor®, Vitality Living-Milton, and Leapfrog.

**Valentine's BLOOD DRIVE**

340 S Atlanta St - Roswell  
*A Life-saving Function at Roswell Junction!*

**February 11th**  
8:00 am - 2:00 pm

**GIVE A PINT  
GET A PINT**

**Rotary Roswell**

**Our Awesome Partners:**

**Plus Our Newbies...**

**BERKSHIRE HATHAWAY HOMESERVICES** | **GEORGIA PROPERTIES**  
Pam Santoro, Realtor®

**Vitality LIVING-MILTON**  
Be You • Be Vibrant • Belong

**Leapfrog**

You are invited!

## Vet Atlanta Summit-Feb 24



# VETLANTA Q1 SUMMIT ★ FEBRUARY 24 ★

You are invited to this FREE event.

Join us for the **VETLANTA Q1 Summit & 12-Year Anniversary Celebration** on **February 24, 2026**, hosted at the historic **Delta Flight Museum** in partnership with **Delta Air Lines and Delta VRG**.

This special evening will commemorate twelve years of VETLANTA's impact while convening veteran leaders, corporate partners, and community stakeholders for meaningful connection and dialogue. Attendees will enjoy extended networking time with vendors, the opportunity to explore the museum, and a featured fireside chat with **Retired CMSAF JoAnn Bass** and **Retired SMA Michael Grinston**, moderated by **Lloyd Knight**, Founder of VETLANTA.

The program will also include remarks from Delta Air Lines leadership, recognition of new VETLANTA board members, and closing reflections as we look ahead to the future of veteran leadership in Atlanta and beyond.

Questions? Contact William Brown [williambrown1856@gmail.com](mailto:williambrown1856@gmail.com) or [website](#)

April 16-19, 2026

## 2026 District Conference- Lake Lanier Islands



We have made special arrangements for some add-on fun outings  
Friday morning ! Register NOW before they fill up.

**Scenic Boat Cruise  
around Lake Lanier**



**Golf**



**Nature Walk**



**Spa Services**



**Pickleball**



[Click Here to Register](#)

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Upcoming Roswell Rotary Events

**Save the Date: Find Your Spot and Help Us to Unite  
for GOOD**

**Save the Date**



**Michael Curling**  
**Service Projects Chair**



**Bob Clarkson**  
**Social Chair**

**Blood Drive**

Wednesday, February 11 8am-2pm

Roswell Junction  
[Add To Calendar](#)

### **Read Across America Day**

Monday, March 2, 2026  
[Add To Calendar](#)

### **75th Anniversary Party**

Saturday, March 14  
[Add To Calendar](#)

### **Roswell Relays**

Saturday, March 21  
[Add To Calendar](#)

### **District 6900 Conference Lake Lanier Islands**

Thursday April 16 - Sunday April 19  
[Add To Calendar](#)

### **2026 Golf, Tennis, Pickleball Tournament**

Monday, Sept. 14  
[Add To Calendar](#)

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## **Last Week at Roswell Rotary**

### Last Week at Rotary



**Kit Cummings**

**What is YOUR  
Dream?**

**Greeters**



**Honoring Our First Responder Heroes**



**Division Chief  
Chris Cavender**



**Checking the Rotoscope News  
Darrell Bartlett & Katie Anderson**



**New Member Induction  
Ashton Dapp**



**Roswell Rotary G.O.A.T.s-Coach  
Tim McFarlin & Dave Schmit**



## The Pretty Table



## Fried Chicken Fan Peter Korman



# The Collection Squad



## The JOY of Roswell Rotary

